FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
--	--

1. Name and Address of Reporting Person*

Nishimoto Mitchell

(Last)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to or Section

	JVAL
OMB Number:	3235-0287
Estimated average burg	den
hours per response.	0.5

6. Individual or Joint/Group Filing (Check Applicable

Form filed by One Reporting Person Form filed by More than One Reporting

or Section 30(h) of the Investment Company Act of 1934		<u> </u>]			
2. Issuer Name and Ticker or Trading Symbol FIRST HAWAIIAN, INC. [FHB]		tionship of Reporting I all applicable)	Person(s) to Issuer			
		Director	10% Owner			
	x	Officer (give title	Other (specify			
3. Date of Earliest Transaction (Month/Day/Year)		below)	below)			
04/24/2019		Vice Ch & Head of Retail Bkg				

Line) Х

Person

C/O FIRST HAWAIIAN, INC. 999 BISHOP STREET, 8TH FLOOR

(First)

(Middle)

(Street) HONOLULU	ні	96813
(City)	(State)	(Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

4. If Amendment, Date of Original Filed (Month/Day/Year)

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.					Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)	
Common Stock	04/24/2019		Α		4,160 ⁽¹⁾	A	\$0	20,347	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv Secu Acqu (A) or Dispo of (D) (Instr	of Expiration Date Derivative (Month/Day/Year) Securities Acquired (A) or		Amount of			9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Restricted shares vest in three equal annual installments beginning on April 24, 2020.

/s/ Lisa Kamibayashi as

Attorney-in-Fact for Mitchell 04/26/2019 **Nishimoto**

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.