FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C	C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Caulfield Gary (Last) (First) (Middle) C/O FIRST HAWAIIAN, INC. 999 BISHOP STREET, 8TH FLOOR					3. C	2. Issuer Name and Ticker or Trading Symbol FIRST HAWAIIAN, INC. [FHB] 3. Date of Earliest Transaction (Month/Day/Year) 08/09/2016											5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specification) below) Vice Chairman and CIO				
(Street) HONOLU (City)		I State)	96813 (Zip)		_ 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Line) X Form filed by One Reporting Properties of the Person 6. Individual or Joint/Group Filing (Check Line) Note: The properties of the prop										porting Pers	on				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				saction	ction 2A. Deemed Execution Date,				3. Transa Code (I 8)	ction	4. Securities Acquired (A) Disposed Of (D) (Instr. 3,				5. An 4 and Secu Bene Own		ount of ties cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										Code	v	Amount	nount (Pr	ice		ted action(s) 3 and 4)			(Instr. 4)
Common Stock 08					9/2016				A		7,000		A		\$23		7,000		D		
Common Stock 08/0					9/2016	/2016				A		5,217	(1)	A		\$ <mark>0</mark>	1	12,217		D	
Common Stock 08/0					0/2016				A		2,6080	(2)	Α	A \$0		14,825		D			
Common Stock 08/0					9/2016	6			F		1,836	5	D		\$23	12,989		D			
Common Stock 08/09					9/2016					F		61		D		\$23	12,928		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/D	n Date,	4. Transa Code (8)		on of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		E (5. Date Exercisable an Expiration Date (Month/Day/Year) Date Expirati Exercisable Date			Amount of Securities Underlying Derivative Security (Instr. and 4) Amount of Market Security (Instr. and 4)		Dei Sec (Ins	Price of ivative curity str. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. Represents restricted shares which are subject to transfer restrictions that will lapse 6 months following the grant date for 50% of the restricted shares and 18 months following the grant date for the remaining 50% of the restricted shares
- 2. Represents restricted stock units that will vest on August 9, 2017 and settle in shares of Common Stock on a one-to-one basis, contingent upon continued employment through the vesting date and First Hawaiian, Inc.'s achieving positive core net income for fiscal year 2016.

/s/ Dalerie Tanigawa as Attorney-in-Fact for Gary

08/10/2016

Date

Caulfield

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.