FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to	STA
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

TEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* YEAMAN ERIC K (Last) (First) (Middle) C/O FIRST HAWAIIAN, INC. 999 BISHOP STREET, 8TH FLOOR (Street) HONOLULU HI 96813					3. D 08/	2. Issuer Name and Ticker or Trading Symbol FIRST HAWAIIAN, INC. [FHB] 3. Date of Earliest Transaction (Month/Day/Year) 08/09/2016 4. If Amendment, Date of Original Filed (Month/Day/Year)									S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director				
(City)	(St	ate) (Zip)																
		Tabl	e I - Noi	n-Deriv	ative	Se	curitie	s Acc	uired,	Dis	posed o	f, or	Bene	ficia	ally Owr	ed			
Date				te Execu onth/Day/Year) if any		2A. Deemed Execution Date, if any (Month/Day/Year)				Disposed	Securities Acquired (A) posed Of (D) (Instr. 3, 4			nd Secu Bene Own Repo		6. Owner Form: Di (D) or Inc (I) (Instr.	rect lirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	V	Amount	- 18	A) or D)	Price		action(s) . 3 and 4)				
Common Stock 08				08/09	08/09/2016				A		20,00	0	A	\$2	3	20,000			
Common Stock 0				08/09	08/09/2016				A		7,826	(1)	A	\$()	27,826			
Common Stock				08/09/2016				A		3,913	(2) A \$		\$(31,739		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion or Exercise (Month/Day/Year) Execution Date, (frank Code (M		Transa Code (Instr.		ative rities ired sed . 3, 4	Expiration (Month/D	Date Expiration Expiration Date Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of Title Shares		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Form Direct or In (I) (Ir		11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. Represents restricted shares which are subject to transfer restrictions that will lapse 6 months following the grant date for 50% of the restricted shares and 18 months following the grant date for the remaining 50% of the restricted shares.
- 2. Represents restricted stock units that will vest on August 9, 2017 and settle in shares of Common Stock on a one-to-one basis, contingent upon continued employment through the vesting date and First Hawaiian, Inc.'s achieving positive core net income for fiscal year 2016.

/s/ Dalerie Tanigawa as Attorney-in-Fact for Eric

08/10/2016

Yeaman

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.