UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): October 17, 2016

FIRST HAWAIIAN, INC.

(Exact Name of Registrant as Specified in Its Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

001-14585 (Commission File Number)

999 Bishop St., 29th Floor Honolulu, Hawaii (Address of Principal Executive Offices) **99-0156159** (IRS Employer Identification No.)

to Employer Identification 100.

96813 (Zip Code)

(808) 525-7000

(Registrant's Telephone Number, Including Area Code)

Not Applicable

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

D Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

On October 17, 2016, First Hawaiian Bank, a subsidiary of First Hawaiian, Inc. ("First Hawaiian"), published the results of its 2016 Dodd-Frank Act Stress Test ("DFAST") in accordance with the Dodd-Frank Wall Street Reform and Consumer Protection Act and the implementing regulations of the Federal Deposit Insurance Corporation (the "FDIC"). The DFAST results can be found on First Hawaiian's website at www.fhb.com under Investor Relations. The DFAST results reflect the hypothetical economic and financial market scenario provided by the FDIC in the Supervisory Severely Adverse scenario, which is available on the FDIC's website (https://www.fdic.gov/regulations/reform/dfast/index.html).

The information in this Form 8-K is being furnished pursuant to Item 7.01, and the information contained herein shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, or otherwise subject to the liabilities under that Section.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be filed on its behalf by the undersigned hereunto duly authorized.

FIRST HAWAIIAN, INC.

By:	/s/ Robert S. Harrison
	Robert S. Harrison
	Chairman of the Board and Chief Executive Officer
	(Principal Executive Officer)

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Date: October 17, 2016